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## **PRODUCT SPECIFICATIONS**

### **Organic coconut blossom nectar**

#### **Origin and production**

Indonesia

Coconut blossom nectar is produced from the sweet juice of the coconut blossom. Traditional coconut farmers harvest it from the blossom.

#### **Ingredients**

100% coconut blossom nectar

#### **Characteristics**

- 100 % organic, unprocessed, unbleached, natural nectar
- high nutritional value: rich in potassium, magnesium, zinc and iron.
- Natural source of vitamins B1, B2, B3, B6 en C
- slow sugar: less fluctuations in the blood sugar level.
- glycemic index of 35: comparable with the GI of the most vegetables and fruit
- contains no preservatives
- free from allergens

#### **Use**

Delicious on a pancake, in granola, as a natural sweetener in drinks or desserts.

#### **Taste**

Has a sweet, mild caramel flavour with a floral aroma.

#### **Store**

At roomtemperature, in a dry and cool place.

#### **The benefits of slow sugar:**

- keeps the energy supply of the body in balance.
- doesn't give energy burst followed by tiredness, as quick sugar does
- reduces hunger
- contributes to a better weightcontrol
- due to the slower absorption there is a better control of the sugar-content in the blood.  
(important for people with diabetics)

<b>Nutritional value</b>	<b>per 100 g:</b>
Energetic value	1214,42 kj / 290,06kcal
Total fats	0,30g
- of which saturated fat	0,16g
Carbohydrates	71,25g
- from which sugars	69,4g
Proteins	0,59g
Salt	0,74g

<b>Allergens</b>	<b>Contains the product according to recipe</b>	<b>Cross-contamination can be excluded</b>
Milk and milk products (inclusive lactose)	no	yes
Eggs & egg products	no	yes
Soy & soy products	no	yes
Cereals who can contain gluten (wheat, rye, barley, oat, spelt, kamut or de hybrid stems of it, as well the products of it)	no	yes
Fish en fish products	no	yes
Crustaceans and molluscs	no	yes
Nuts	no	yes
Sesame seeds	no	yes
Lupin	no	yes
Celery	no	yes
Mustard	no	yes
Sulphite/sulfur dioxin	no	yes
Beef	no	yes
Porc	no	yes
Chicken	no	yes
Corn	no	yes
Cacao	no	yes
Legume	no	yes
Carrot	no	yes
Coriander	no	yes
Glutamate	no	yes