



PRODUCT SPECIFICATION

Organic coconut blossom sugar

Origine & production:

Indonesia

Coconut blossom sugar is produced from the sweet juice of the coconut blossom.
Traditional coconut farmers harvest it from the blossom.

Ingrediënts

100% coconut blossom sugar

Characteristics

- 100 % organic, unprocessed, unbleached, natural
- high nutritional value: rich in potassium, magnesium, zinc and iron.
- Natural source of vitamins B1, B2, B3, B6 en C
- slow sugar: less fluctuations in the blood sugar level
- glycemique index of 35: comparable with the GI of the most vegetables and fruit
- contains no preservatives
- free from allergens

Use

Scrumptious on a sandwich, on pancakes or yoghurt. also delicious in pastries or hot dishes.
A better alternative to traditional sugar.

Taste

Sweet, smooth caramel taste with floral undertones.

Store

At room temperature in a dark and dry place.

The benefits of slow sugar:

- keeps the energy supply of the body in balance.
- reduces hunger
- contributes to a better weightcontrol
- due to the slower absorption there is a better control of the sugar-content in the blood.
(important for people with diabetics)

Nutritional value

| | per 100 g: |
|--------------------------|-------------------------|
| Energetic value | 1214,42 kj / 290,06kcal |
| Total fats | 0,30g |
| - of which saturated fat | 0,16g |
| Carbohydrates | 71,25g |
| - of which sugar | 69,4g |
| Proteins | 0,59g |
| Salt | 0,74g |

Allergenen

| | Bevat het product volgens recept | Kruisbesmetting kan worden uitgesloten |
|---|----------------------------------|--|
| Milk and milk products (inclusive lactose) | no | yes |
| Eggs & egg products | no | yes |
| Soy & soy products | no | yes |
| Cereals who can contain gluten (wheat, rye, barley, oat, spelt, kamut or de hybrid stems of it, as well the products of it) | no | yes |
| Fish en fish products | no | yes |
| Crustaceans and molluscs | no | yes |
| Nuts | no | yes |
| Sesame seeds | no | yes |
| Lupin | no | yes |
| Celery | no | yes |
| Mustard | no | yes |
| Sulphite/sulfur dioxin | no | yes |
| Beef | no | yes |
| Porc | no | yes |
| Chicken | no | yes |
| Corn | no | yes |
| Cacao | no | yes |
| Legume | no | yes |
| Carrot | no | yes |
| Coriander | no | yes |
| Glutamate | no | yes |